

DUNTON



Dunton Hot Springs Spa and Wellness Menu

We invite you to experience our alpine-inspired holistic and therapeutic treatments. Each treatment has been thoughtfully developed to offer a unique experience using products specifically selected for our mountain-desert climate. We suggest soaking in our healing mineral springs prior to your service to prepare your body and mind.

All spa treatments are 75 minutes in length. Please schedule your services in advance to ensure availability. There is a 72 hour cancellation policy for all spa and wellness appointments. Our age requirement for spa services is 12, guests of 12-17 years must be accompanied by an adult. For your convenience, the rates below include a gratuity to your therapist and no additional fees are added.

Dunton Massage Selection

Dunton Custom Massage

A massage customized just for you. Whether you enjoy Swedish or a combination of different modalities, this treatment allows space for the ultimate journey within.

\$285

Sports Massage

Designed to address your athletic needs; preparation for or recovery from athletic activities, injury prevention, or to maintain your optimal condition. Techniques may include myofascial release, trigger point therapy, or passive/active stretching and movement.

\$285

Deep Tissue Massage

A deeper style of bodywork to treat musculoskeletal issues such as strains and sports injuries. This deep work allows for break-up of scar tissue that can contribute to chronic inflammation and tension.

\$300

Dunton Customized CBD Massage

Take your massage to the next level by adding a therapeutic CBD product to your treatment. Choose from a variety of Colorado grown and manufactured CBD oils, balms, and concentrates that range in strength. The product price is added to the massage and is yours to take home.

\$285 plus CBD product

Dolores Hot Stone Massage

Let the penetrating heat of polished stones soothe your muscles and balance your energy. This treatment helps relieve aches, pains, and mental stress. The stones also offer a gentle skin exfoliation which leaves your skin feeling soft and smooth.

\$300

Ashiatsu Deep Barefoot Massage

Our deepest massage. Your therapist's skilled feet apply firm, effleurage strokes for the ultimate deep-tissue experience. Overhead bars allow your therapists to work within your comfort level.

\$320

Prenatal or Postpartum Massage Therapy

Prenatal massage encourages relaxation and reduces anxiety, helping mom to feel more in touch with herself and her baby. Postpartum massage can help relieve strain from birth and stress from new baby care.

\$300

Herbal Poultice Massage

Aromatic warm poultices of lemongrass, sweet basil, kaffir lime, and tamarind are used to relax the mind & body while relieving joint stiffness. Includes massage with essential oils.

\$320

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Dunton Body Treatment Selection

Refine and Revive Body Polish and Massage

This indulgence begins with a smoothing body polish to soften and remove dry skin cells and encourage lymphatic flow. Followed with a relaxing full body massage that infuses benefits of pure, organic plant oils of hemp, jojoba, and coconut oils deeply into your skin. Your journey concludes with a luxurious scalp massage.

\$320

Rasayana Body Regeneration and Massage

The skin is briskly brushed with a mixture of herbal powders, rose water, and aroma oils. Steamed turmeric ginger tea compresses are used to condition the skin. This treatment reactivates the metabolism and can have a firming and slimming effect. The service is complete with a detoxifying massage.

\$320

Dunton Facial Selection, \$300 each

Complete with neck, shoulder, and scalp massage and an Ayurvedic Marma point ritual intended to promote full body wellness.

Personally Yours Facial

Calm–Replenish–Protect

Suited for all skin types. Treat and transform your skin with a facial made just for you and what your skin most desires.

Hydro Comfort Omega Rich Facial

Calm–Replenish–Soothe

For sensitive, delicate, or reactive skin. Your esthetician will use relieving skin care products designed to quench and even skin tone.

Living Beauty Signature Facial

Nourish–Revive–Pamper

Perfect for aging skin. The health of your skin will be assessed and a facial ritual to meet your skin care goals and deliver a visibly radiant complexion will follow.

Luminous Vitamin C Facial

Correct–Restore–Illuminate

Specialized therapy for damaged skin with uneven tone. A clarifying treatment perfect for boosting skin that is lacking luminosity.

Face Time for Gents

Purify–Detox–Energize

Achieve smoother and more refined skin through this deep cleansin
g and pore minimizing treatment for men. This facial includes a double cleanse, hot towel compress, exfoliation, and detox clay mask.

Facial Add-Ons, \$45 for 15 minutes

Firming Sea Algae Mask

Firm–Plum –Smooth

Use our active, mineral- rich algae mask to restore skin tone and elasticity while leaving skin soft and velvety smooth.

Soothing Hydration Mask

Hydrate–Soothe–Relax

This indulgent upgrade includes a nourishing pre and probiotic yogurt mask that restores resilience to sensitive skin

Eye Lift

Firm–Cool–Anti-Puff

Fight lines and wrinkles and reduce dark circles and puffiness with cooling algae-rich eye mask

CBD Facial Massage

Age Prevention–Anti-inflammation–Refresh

Improve skin elasticity, reduce signs of aging, and calm inflammation with CBD facial oil featuring marula and coconut oils as well as mango, cocoa, and lavender

Professional Cosmetic Waxing

Eyebrow Sculpt- \$45

Facial or Lip Wax- \$25

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Dunton Wellness Menu

Please schedule your services in advance to ensure availability.

There is a 72 hour cancellation policy for all spa and wellness appointments. Our age requirement for wellness services is 16 years.

For your convenience, the rates below include a gratuity to your instructor and no additional fees are added.

Weekly Complimentary Yoga Sessions

Join our experienced teachers in a complimentary practice during your stay. We offer styles of yoga and classes are on most days of the week. Classes are open to a maximum of 6 participants. Speak to our guest services team for details and to sign up.

Private Yoga Sessions

If you prefer a private session, schedule a class just for your group.

Our instructors offer more active, vinyasa style classes as well as a nervous system calming practice focused on joint access and mobility.

Prices listed are for classes that are one hour in length.

\$180 for individuals

\$240 for couples

\$300 for groups (3-6)

Wellness in the San Juans

A two-hour workshop focused on deepening the connection between body and mind. Your session starts with relaxing moments of mindful breathwork followed by a flowing sequence of healing postures and is finished with an extended movement meditation designed to promote physical mobility as well as inner relaxation and peacefulness.

\$300 for individual

\$360 for couples

\$420 for groups (3-6)